



Better Divorce

ACADEMY

WHEN DOES IT MAKE SENSE AND WHAT'S IN FOR ME?

19 Reasons Why You Should Hire An Expert Divorce Coach

- You want to achieve your goals and have clarity in your decisions
- You're struggling with consistent self care and lacking self-confidence
- You feel stressed about going through such a big transition
- You want to understand yourself better and identify your triggers/blind spots You need to understand the tactics and actions your partner may use
- You want to make the best use of your time, resources, and abilities
- You want honest feedback, new perspectives and a solid strategy
- You want to reach your full potential and stay true to your core values regardless of the situation at hand
- You want to best secure your financial future and/or take the next step in your career
- You want to boost your overall wellbeing and manage stress like a pro
- You want to learn all your options and fully understand the process ahead
- You want to know what other professionals you may and may not need
- You need to learn the best ways to not waste money on excessive legal fees and other costly mistakes
- You want to divorce with dignity and have no regrets
- You want to know how to best handle the children and cause them the least amount of harm
- You need to learn how to mitigate outside influences and wisely use social media
- You need to get organized, researched and documented and stay on task
- You feel alone and you recognize you need support and community
- You need to learn how to co-parent wisely

8 Benefits Of Coaching

- You improve your self-confidence and your relationships
- You gain clarity on your wishes and goals
- You develop solutions and create new ideas
- You improve your work-life balance and increase your productivity You take action to create real changes and develop personally
- You gain new perspectives and insights into yourself
- You become more accountable and get results faster
- You learn how to take advantage of your strengths and resources

We are in this together